



Kevin J. Barr M. Ac., L. Ac.

Wellness on Park  
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Ph: 610-585-5800

Please call the phone number above to make your appointment. Your initial visit for acupuncture will last approximately 1.5 hours; return visits are usually an hour and fifteen minutes. Your initial visit will be spent interviewing you regarding your medical history and primary complaint. Following the interview a physical examination will take place based on Traditional Chinese Medicine. This includes feeling your pulse, looking at your tongue and some palpation. Afterwards, we will begin a course of treatment. Your treatment is a collaboration between yourself and your practitioner. By choosing to come into the clinic you have already begun the healing process in making a commitment to your health.

I want to reassure you that acupuncture is safe and relatively, painless. Most people experience an overall sense of relaxation and well-being. To help me serve you better I ask that you observe the following guidelines:

- ☒ Please fill out the enclosed Health History Questionnaire. The information you provide on the Health History Questionnaire will assist me in serving you with the highest quality customized care. Please take the time to fill out the questionnaire thoughtfully. All information will be kept strictly confidential.
- ☉ IF YOU HAVE A SEVERE BLEEDING DISORDER OR HAVE A PACEMAKER, OR OTHER ELECTRONIC DEVICE, YOU SHOULD MAKE THAT INFORMATION KNOWN TO YOUR ACUPUNCTURIST PRIOR TO TREATMENT.

IF YOU ARE PREGNANT OR THINK THAT YOU MAY BE PREGANT, MAKE THAT INFORMATION KNOWN TO YOUR ACUPUNCTURIST PRIOR TO TREATMENT.

#### TREATMENT TIPS

- ☒ Please eat 1 to 2 hours prior to your appointment time. *It is important to have eaten something before your visit.*
- ☒ Please wear loose-fitting clothes or bring some shorts to change into, if possible.
- ☒ Please give yourself ample time to arrive for your appointment. If you are rushed it affects the pulse quality, a part of your physical examination.
- ☒ When needles are inserted relax and breathe normally.

If you have not received acupuncture before, I hope you will soon share the increasing enthusiasm for the health enhancing benefits of acupuncture. Although many Oriental medical techniques may appear unusual at first, acupuncture is a 3,000 year-old healing art that has endured the test of time.

Health & Happiness,  
Kevin J. Barr

## Fee Structure and Clinical Policy

### Acupuncture & Energy Medicine Consultation

First office calls last approximately 1.5 hours, and are charged at the rate of \$95.

Follow up office calls last about an hour and fifteen minutes and are charged at the rate of \$90.

There is also a fee for any herbs (pills, powders, tinctures, pastes or plasters), supplements and any electro-therapeutic pads or devices in addition to the above charges.

With the exception of community-style acupuncture, Healing Axis treats only one person at a time. You are given individual attention and every effort is made to strategize treatments for maximum effect resulting in faster favorable outcomes and less visits. Within the \$90. treatment session, any modalities used (e.g. acupressure, acupuncture, electrotherapy, massage, sound therapy) are included. Based on your health concerns, how long they have been going on, your age and your financial resources, a treatment plan will be outlined which may include shorter treatments using therapies that support normal length treatments. For example, it may be determined that cupping therapy with a fee of \$35. be incorporated after three weeks of full treatments to keep costs lower while also meeting the goals of the treatment plan.

### Insurance

With the exception of Personal Injury Protection (PIP), auto injury cases with Medical Payment Coverage (MPC) or Worker's Comp cases, I am not able to accept insurance coverage at this time. Therefore, full payment is expected at the time of your visit unless special arrangements have been made. If your insurance company covers acupuncture, I can provide you with the documentation that you can submit to them for reimbursement.

### Confidentiality

All visits and clinical notes are confidential. As a way to improve my clinical skills and to provide better health care, on occasion I consult on cases with other health care professionals. In those cases patient identity is protected.

Please be aware that if you ask for insurance payments there is a strong possibility that the insurance company will want to see a copy of my clinical notes before they disburse payment. Once clinic notes have left my office, I cannot be responsible for who sees them or how they are used. I will ask for your informed consent to release this information before sending them any information.

### Cancellations

Appointments may be canceled with a 24-hour notice. Unless there is an emergency, missed appointments or those cancelled with *less than 24 hours* of notice will be charged a fee from \$65. A repeat history of missed appointments will be charged the full rate, the timing of which is solely at the discretion of Healing Axis.